

*The Diamond Cutter Buddhist Study Centre at The Red Lotus*  
**Calendar Term 1—2010**  
*Term Dates; Monday 25th January—Sunday 4th April*

Study Courses

**Course 2: Buddhist Refuge**

**Mondays 25th January—29th March (not 1st Feb)**

*Everyone who has studied course 1 or 'The Heart of Happiness' is welcome to this start of our series of study courses*

Teachers; Anne (4322 1505) & Robin (0408 438 835)  
10 classes, cost \$100

**Course 14; Lojong, Developing the Good Heart**

**Tuesdays as advised**

*For senior students who have studied courses 1 through to 13*

Teacher; Vicki (0412 348 628)  
10 classes, cost \$100

Events

**Movie & Gourmet Pizza Night at The Centre**

**Saturday 27th February 6.30pm for dinner at 7pm,**

*A chance for all students, families & friends to meet, get together & have fun at this social & fundraising night*

Film—'7 Pounds' Cost \$25, concession \$20, couple \$40, family rates available  
Contact Raelee (4389 3656)

**Fundraising Stall in William St. Plaza, Gosford**

**Thursday 4th March 7am —4pm**

*If you have any saleable items such as cakes, slices, books, jewellery, crockery & ornaments that you would like to donate they would be greatly appreciated.*

*Please contact Nell (4342 1185) to have them collected, for where to deliver them, or bring them to the centre beforehand, or to the stall on the day.*

*Assistance with setting up, help during the day & assistance packing up, would be very welcome.*

**Puja & Kirtan**

**Friday 19th March 7.30pm**

*Everybody is welcome to this uplifting night of purification & spiritual singing*

Contact Julie (4384 1393)

General classes

**Happiness; A Buddhist Perspective**

**Wednesdays 3rd & 10th February 7pm**

*Everyone is welcome to this introduction to Buddhist ideas*

Teacher; Julie (4384 1393)  
2 classes, cost \$20

**Beginners Meditation Workshop**

**Saturday 13th February 2pm—5pm**

*Beginners & ongoing students are welcome to this workshop on learning to meditate effectively*

Teacher; Vicki (0412 348 628)  
Cost \$25 including afternoon tea

**Heart of Happiness**

**Part 1; Wednesdays 17th February— 24th March 7pm**

*Everyone is welcome to this overview of Buddhist views & practice, going deeper into the ideas of the introductory course; 'Happiness; A Buddhist Perspective'*

Teacher; Julie (4384 1393)

**Part 2; in Term 2**

Teacher; Vicki (0412 348 628)  
12 classes over 2 terms, cost \$120

**Children's Dharma**

**Wednesdays 24th February—31st March 3.30—5pm**

Teacher; Nell (4342 1185)  
6 classes, cost \$40

Please enquire & register for the courses & events shown at the phone numbers listed, as courses may not run if there are insufficient numbers.

We are non-profit making, & course fees are to cover our expenses. If you cannot afford the class fees please talk to the teacher, as we do not turn away students through lack of money.

Course fees cover about 60% of our costs, the rest is made up by fundraising & donations, so please support our fundraising events.

## *Term 1—January 2010*

| Mon  | Tue             | Wed | Thu | Fri | Sat | Sun |
|--|-----------------|-----|-----|-----|-----|-----|
| Start of Term. 25<br>Course 2<br>Class 1—7pm | 26<br>Course 14 | 27  | 28  | 29  | 30  | 31  |

## *February 2010*

| Mon                           | Tue             | Wed  | Thu | Fri | Sat   | Sun |
|-------------------------------|-----------------|--|-----|-----|---|-----|
| 1                             | 2<br>Course 14  | 3<br>Happiness;<br>A Buddhist<br>Perspective 1—7pm                                   | 4   | 5   | 6   | 7   |
| 8<br>Course 2<br>Class 3—7pm  | 9<br>Course 14  | 10<br>Happiness;<br>A Buddhist<br>Perspective 2—7pm                                  | 11  | 12  | 13<br>Beginners<br>Meditation<br>Workshop<br>2pm to 5pm | 14  |
| 15<br>Course 2<br>Class 4—7pm | 16<br>Course 14 | 17<br>Heart of Happiness<br>Part 1; Class 1—7pm                                      | 18  | 19  | 20  | 21  |
| 22<br>Course 2<br>Class 5—7pm | 23<br>Course 14 | 24<br>Heart of Happiness<br>Part 1; Class 2—7pm<br><br>Children's Dharma 1<br>3.30pm | 25  | 26  | 27<br>Movie &<br>Gourmet Pizza<br>Night —6.30pm         | 28  |

## *March 2010*

| Mon                            | Tue            | Wed  | Thu  | Fri                               | Sat | Sun                    |
|--------------------------------|----------------|--|--|-----------------------------------|-----|------------------------|
| 1<br>Course 2<br>Class 6—7pm   | 2<br>Course 14 | 3<br>Heart of Happiness<br>Part 1; Class 3—7pm<br><br>Children's Dharma 2<br>3.30pm  | 4<br>Stall in<br>William St. Plaza,<br>Gosford;<br>7am—4pm | 5                                 | 6   | 7                      |
| 8<br>Course 2<br>Class 7—7pm   | 9<br>Course 14 | 10<br>Heart of happiness<br>Part 1; class 4—7pm<br><br>Children's Dharma 3<br>3.30pm | 11   | 12                                | 13  | 14                     |
| 15<br>Course 2<br>Class 8—7pm  | 16             | 17<br>Heart of Happiness<br>Part 1; class 5—7pm<br><br>Children's Dharma 4<br>3.30pm | 18   | 19<br>Puja &<br>Kirtan—<br>7.30pm | 20  | 21                     |
| 22<br>Course 2<br>Class 9—7pm  | 23             | 24<br>Heart of Happiness<br>Part 1; class 6—7pm<br><br>Children's Dharma 5<br>3.30pm | 25   | 26                                | 27  | 28                     |
| 29<br>Course 2<br>Class 10—7pm | 30             | 31<br>Children's Dharma 6<br>3.30pm  |  |                                   |     | <b>End of<br/>Term</b> |